

## Eligibility for Mental Health Services in Iowa

The Mental Health Redesign Workgroup proposes the following criteria to be eligible for mental health services in the State of Iowa:

1. Age: An individual must be 18 years or older.
2. Residency: An individual must be a Resident of the State of Iowa.
3. Financial Eligibility: An individual must have an income equal to or less than two hundred percent of the federal poverty level, as defined by the most recently revised poverty income guidelines published by the United States Department of Health and Human Services. A contracted provider may apply a copayment requirement for a particular disability service to a person with an income equal to or less than two hundred percent of the federal poverty level. The copayment amount shall be established with rules adopted by the commission applying uniform standards with respect to copayment requirements. A person with an income above two hundred percent of the federal poverty level may be eligible subject to a copayment or other cost-sharing arrangement subject to limitations adopted in rule by the commission. A person who is eligible for services must apply for and utilize other potential sources of insurance or financial coverage for services prior to using public funds.
4. Diagnosis: An individual must have or have had at any time during the past year a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the DSM-IV or their ICD-9-CM equivalent (and subsequent revisions) with the exception of DSM-IV "V" codes, substance use disorders, and developmental disorders, which are excluded, unless they co-occur with another diagnosable serious mental illness.
5. Level of Functioning: An individual must experience functional impairment which substantially interferes with or limits one or more major life activities. A standardized functional assessment, authorized by the Iowa Department of Human Services, shall be administered by an appropriately licensed or credentialed professional shall be used to aid in the eligibility decision.